

IFMA

UPDATE

July 2005



www.ifmadenver.org

- President:
Tracey Mc Donough
(303) 425-9700
- Vice President:
Dean Stanberry
(303) 495-7148
- Treasurer:
Phil Cangilla
(303) 209-7176
- Secretary:
Denise Drager
(720) 208-1050

The Next Monthly Board Meeting

The next Board Meeting will be July 7th, 7:30 - 9:00am at Pear Commercial Interiors, Park Central Building, 1515 Arapahoe, Suite 100, Tower 1. Chapter members are always welcome to attend.



PROGRAM THE DENVER CHAPTER OF IFMA

- Date:** Friday, July 15, 2005
(Note change of day from our normal Tuesday meeting day)
- Time:** 4:00 - 7:00PM
- Where:** Tour A Classic, Then Enjoy A Classic at
Historic Elitch Gardens Theatre
Intersection of 38th Ave. and Tennyson St.
- Cost:** \$35 - Members and Non-Members
Special Discount - If you bring a guest to the Summer Social - the charge for your guest is only \$15!!!

Please join us on July 15th for the IFMA Summer Social! This year the summer social will be held at the Historic Elitch Gardens Carousel Pavilion and Theatre. It will be a time to enjoy the beautiful Colorado weather, a great jazz band, great food, beer and wine while spending time with your friends from IFMA.

The program will include a tour of the Historic Elitch Gardens Theatre. Located in the vibrant north Denver neighborhood of Highland, the theatre was built in 1891 and is a rare surviving example of "resort" architecture. It was described as "one of the cradles of American Drama", according to the legendary film director, Cecil B. DeMille. The Historic Elitch Gardens Theatre Foundation, whose purpose is the restoration and maintenance of the Theatre has plans to begin renovation of the theatre this year.



You are welcome to stay for a free presentation of the movie "Grease" after the social (so bring your blanket or beach chair along if you plan to stay for the movie). We had a great time last year and look forward to seeing you all there.

Directions: From I-70 and I-25 take I-70 West to Federal. Take Federal south to 38th. Go west on 38th to Tennyson. There is plenty of on-street parking.

Registration for the Summer Social is via the chapter's web site (www.ifmadenver.org). Click on the meeting date under the Events header and at the bottom of the announcement, click on "Register for Event".

Due to the current set-up of the registration process on the chapter's web site, if you are bringing a guest, you will need to call Sondra Aksamit at 303/771-4503 to register and pay for your guest.

Monthly IFMA Update Input Deadlines

All input for this publication is due the day of each Monthly Chapter Program Meeting. If you have information for the next UPDATE, please e-mail the information to Myrnan Fronczak at mfroncza@tcfbank.com. For changes or questions regarding the distribution of the UPDATE, please contact: Sondra Aksamit at (303 771-4503, fax (303) 779-1186 or info@ifmadenver.org.

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AUDIO/INTERNET SEMINAR - FREE - FREE - FREE!!



The Denver Chapter of IFMA is sponsoring **FREE** Audio/Internet Seminars each month and OfficeScapes has generously offered their conference room for these valuable sessions.

Date: Thursday, July 21st , 11:00am - 12:30pm
Topic: Stress Management: Using Your Emotions
as an Asset in the Workplace

In today's environment, where there is too much to do and too little time to do it, success lies in how we react to daily pressures and uncomfortable situations-both in and out of the workplace. Learn how to handle emotionally charged situations and difficult circumstances more effectively. Gain strategies for finding greater self control in highly emotional situations and recovering quickly from mistakes by handling stress, anger, frustration and negativity. Understand how communicate effectively to maximize performance in the workplace, including strategies for giving and receiving criticism.

Speaker: Dr. Deborah Bright

Dr. Bright is the founder and president of Bright Enterprises Inc., a consulting firm whose sole mission is the design of human technologies for enhanced performance. Sought-after for its expert-driven, customized presentations, workshops and licensed programs, Bright Enterprises list of ongoing clients includes El Paso Chile Company, JP Morgan Chase, the New York Stock Exchange, Estee Lauder and Kessler Institute for Rehabilitation.

In addition to her doctorate in education from Arizona State University, Dr. Bright has used the experiences of her years in competitive diving as the foundation of her insights into the architecture underlying individual performance and has emerged as a nationally recognized expert in the fields of stress management, communication skills, management and leadership development, and the intangible ingredients behind exceptional performance.

She frequently appears as the keynote speaker at national conferences and meetings of business executives sponsored by the American Management Association, World Business Council, the Young Presidents Organization, Ernst and Young Entrepreneur of the Year, the Family Business Forum, and The Executive Committee (TEC).

Currently, Dr. Bright serves on the faculty of New York University and is a member of the American Institute of Stress. As a best-selling author, she has published numerous books, including [Creative Relaxation: Turning Your Stress into Positive Energy](#), [Criticism in Your Life](#), [Gearing Up for the Fast Lane: New Tool for Management in a High-Tech World](#) and the best-selling [Official Criticism Manual](#). Her newest book, [On the Edge and In Control: A Proven 8-Step Program for Taking Charge of Your Life](#), serves as a practical and effective guide for both managers and employees by clearly articulating what it takes to rise above the forces of mediocrity.

Location: OfficeScapes
9900 E. 51st Avenue
Denver 80238
303.574.1115

From I-70 exit Havana - go north (right turn) on Havana to 51st - go west (left turn) on 51st - go to end of cul-de-sac - only building on left side of street - parking in front of the building.

Bring your lunch with you - OfficeScapes will provide drinks and dessert.

NEW MEMBERS

Welcome Denver Chapter's newest members:

Don Buffoni
High Country Chemical
Supplies, Inc.

Michael LaMontagne
Time Warner Cable

Timothy Rehm
TeleTech Holdings, Inc

Ruben Reyes
Intrado, Inc.

Nelson Wolfmeier
Phillips Plumbing and
Mechanical

John Woodhull
MBS Property Maintenance

Please call Sondra (303/771-4503) or e-mail her (info@ifmadenver.org) to let us know you'll be attending.



The Denver Chapter of IFMA is again pleased to offer the CFM Exam Workshops to prepare you to take the CFM Exam and obtain your CFM designation. This year, the classes will be held on two consecutive Saturdays, September 10th and 17th. Mark your calendars and watch for more details in the near future.

For more information on how to get your CFM Designation, contact Lois Calamia, CFM, Education Committee Co-Chair, at 303-706-1717 or lois.calamia@ca.com.

Registration is now open for IFMA's 2005 World Workplace Conference & Expo in Philadelphia, PA October 23-25. In addition to offering three days of valuable education, information and interaction, this year's event will be a celebration of IFMA's **25th anniversary**. Both the Welcome Reception and the IFMA Awards of Excellence banquet will pay tribute to IFMA's 25 years of service to the facility management profession.



Several new features to enhance your World Workplace experience have been added this year. Facility tours are being offered this year to broaden your spectrum of learning. You'll have the opportunity to visit some of Philadelphia's most interesting landmarks. With a focus on career planning and development, World Workplace has added a career track to the educational sessions, and a Career Fair will be held in conjunction with the conference.

If you want to get the "inside scoop" on your IFMA organization, you can volunteer to represent the Denver Chapter of IFMA at the **Annual Meeting and House of Delegates meeting** on Saturday, Oct. 22nd at 2pm. This meeting provides a forum for representatives to interact with the Association's Board of Directors and staff regarding strategic initiatives of the Association. Delegates discuss agenda items and vote on appropriate issues. If you're interested in attending, contact Tracey McDonough at www.tracey.mcdonough@us.belfor.com or (303) 425-9700 x114

For more information and to register online, visit www.worldworkplace.org. You won't want to miss this year's celebration!

2005 GOLF TOURNAMENT

A **huge thank you and congratulations** for a great tournament go to Tournament Chair, Phil Cangilla, Co-Chair, Lisa Brooks, and the entire committee for all their time, hard work and efforts to make the tournament a success!

The support of the tournament sponsors is also much appreciated! We couldn't do it without you!! The 2005 sponsors are:

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North American Properties
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Pear Commercial Interiors/Haworth
Preferred Painting
Summit Services Group, Inc.
Tolin Mechanical Systems Co.
Turner Morris Roofing
Western Restoration Services

Congratulations to the winners of contest holes at the Tournament, held at Fossil Trace in Golden:

1st Place Foursome	BCER Engineering - Frank Seprino, Dave Blanco, Mark Meyer, Mike Seda
2nd Place Foursome	ABM - Shane Foreham, Ty Molliconi, Sandi Schroeder, Curt Schneider
3rd Place Foursome	Xilinx - Tom Stoffel, Sue Mesch, Bruce Schrader, Jerry Arvoy
Highest Score	Nextel - Jeff Ivey, Dave Griswald, Don Walters, Barb/Deb
Ladies Closest to the Pin	Beth Mavelle
Mens Closest to the Pin	Mark Iespersen
Ladies Longest Drive	Priz Mikkelson
Mens Longest Drive	Scott Rigsby
Straightest Drive	Lonnie Duran
Longest Putt	John Taylor
Charity Hole	Nathan Koonce (Inovonics Wireless Corp.) won the "Longest Marshmallow Drive" at the Family Pathways of Colorado Charity Hole. Nathan won a \$75 gift certificate to the course pro shop and a Family Pathways shirt and jacket.

Family Pathways works very hard to provide a bright future for Colorado children whose backgrounds include instability, neglect and abuse. \$228 in donations from the players in the tournament were raised, along with our awareness about Family Pathways wonderful efforts. Thank you, Jodi Korhuis for participating!

Hole-in-One	Dave Campbell (Campbell Electric), playing with the TCF Bank team, had a hole-in-one on #3 - 135 yards! Dave won a \$250 Gift Certificate to the course pro shop.
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